

Horstead Centre, Rectory Road, Norwich, NR12 7EP

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Risk Assessment: Garden Sports Games

Reviewed: August 2020 Next Review Date: August 2021 Assessment undertake by: Chris Martlew, Senior Instructor

L = LOW M = MEDIUM H = HIGH

Hazards	Effects	Who is	Risk		Methods to Avoid/Reduce Risk
Parachute Games		effected	Likelihood	Consequences	Parachute Games
Tripping over objects used in games/ uneven/ rough ground E.G cones, ropes, Benches or mole hills	Broken limbs, sprains, bruising, death and cuts	Individual	Μ	L	Appropriate footwear to be worn by group Maintain even ground level on lawn Keep grass cut Remove mole hills Sports equipment that is not in use is put away.
Lightning	Electrocution	All	L	Н	Games to be cancelled and individuals to come in from the garden
Swinging on goal posts, fences	Death, head/back injury, broken limbs, bruises and cuts	Individual	Н	Н	Peg goal posts down securely Ensure properly maintained Group to be told not to swing on goal posts
Tripping over, falling whilst playing games and slipping	Broken limbs, sprains, bruising, and cuts	Individual	М	L	Dynamic risk assessment to be carried out Appropriate footwear to be worn by group
Overhanging branches	Head/eye injury	Individual	L	L	Garden to be checked regularly and any dangerous branches removed promptly.
Weather – cold, rain, wind	Increased potentials for falls or slipping over Hypothermia, injury to body	All	Н	М	Group to be advised on appropriate clothing and footwear Hot drinks available to the group if needed, first aid kit to be available if weather dictates

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Horstead Centre Residential Stays & Activity Days

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Hazards	Effects	Who is	Risk		Methods to Avoid/Reduce Risk
Parachute Games		effected	Likelihood	Consequences	Parachute Games
Damaged/ faulty equipment	Serious to minor injuries such as cuts or bruises	All	L	L	The centres Sports equipment to be checked regularly for damage and removed if needed.
Animal Droppings	Droppings falling on participant or participants falling on droppings causing illness and disease	Individual	L	M	Wash hands after activity
Insect bites/nettles	Stings, allergic reactions, anaphylactic shock	Individual	L	L/M/H	Have any personal medication to hand
Being hit accidently with sports equipment	Collision, injury, bruising	Individual	M	L	Group leaders to supervise games
Collisions between playing participants	Minor injury, bruising and cuts.	Individual	н	L	Group leaders to supervise games
Being hit by a falling basketball	Death, head/back injury, broken limbs, bruises and cuts	individual	L/M/H	L/M/H	Group leaders to supervise games Black throw line on the floor for the individuals to throw the ball from.