

Horstead Centre, Rectory Road, Norwich, NR12 7EP

01603 737215

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www.horsteadcentre.org.uk

Risk Assessment: Village Trail & River walk, Village walk and Night Walk

Reviewed: August 2020 Next Review Date: August 2021 Assessment undertake by: Chris Martlew, Senior Instructor

L = LOW M = MEDIUM H = HIGH

Hazards	Effects	Who is	Risk		Methods to Avoid/Reduce Risk
Village Trail		effected	Likelihood	Consequences	Village Trail
Getting lost (whole or members of the group)	Stray into hazardous/private area Centre not aware of the location of the group Lost Participant not under safety cover of staff	Individual	L	L	Instructor to be aware of lost child procedure Instructor to brief group and leaders before walk
Road traffic	Minor to major injury or death	Individual	L	Н	First aid kit to be carried at all times Groups to briefed on correct procedure for crossing roads Hi Visibility jackets to be used if available or compulsory if visibility is bad or dawn and dusk times dictate their need
Suspicious persons	Harassment/abdu ction	Individual	L	Н	Phone carried by instructor Instructor to brief group before walk Instructor to be aware of lost student procedure Instructor to meet all groups at the mill
Tripping over, falling and slipping	Broken limbs, sprains, bruising, and cuts	Individual	Μ	L	Dynamic risk assessment to be carried out Appropriate footwear to be worn by group Phone and first aid kit to be carried Torches to be carried if dawn and dusk times dictate their need.
Overhanging branches	Head/eye injury	Individual	L	L	Torches/first aid kit to be carried Instructor to brief group and leaders before walk
Weather – cold, rain, wind	Increased potentials for falls or slipping over Hypothermia, injury to body	All	Н	M	Group to be advised on appropriate clothing and footwear Hot drink, survival bag and first aid kit to be available if weather dictates Instructor to be aware of weather forecast
Falling into river	Shock, hypothermia, injury, panic, drowning	Individual	L	Н	Phone carried by instructor Instructor to brief group and leaders before walk Instructor to be aware of lost group procedure Instructor to meet all groups at the mill
Flooded river (in spate)	Increased potential for falling in Flooded path	Individual	L	Н	Cancel session

Horstead Centre Trust is a residential activity centre in the Diocese of Norwich Charity no: 303986 $\,$ VAT no: 282 0458 63 $\,$

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Horstead Centre

Residential Stays & Activity Days

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	Group swept away, drowning				
Insect bites	Stings, allergic reactions, anaphylactic shock	Individual	L	L/M/H	Have any personal medication handy – ensure Group Leaders know how to use epi-pens etc.
Darkness	Difficulty with group control e.g. behaviour, location, walking safety	All	L	L	Torches carried at all times Group briefed and counted before walk Phone to be carried by instructor Instructor/Leaders to wear florescent jackets Instructor to lead walk, leaders spaced throughout group