

Horstead Centre, Rectory Road, Norwich, NR12 7EP

- **\$** 01603 737215
- @ horstead.centre@horsteadcentre.org.uk
- www.horsteadcentre.org.uk

Risk Assessment: Parachute Games

Reviewed: August 2020 Next Review Date: August 2021 Assessment undertake by: Chris Martlew, Senior Instructor

L = LOW M = MEDIUM H = HIGH

Hazards	Effects	Who is	Risk		Methods to Avoid/Reduce Risk
Parachute Games		effected	Likelihood	Consequences	Parachute Games
Tripping over objects used in games/ uneven/ rough ground Eg: cones, ropes or mole hills	Broken limbs, sprains, bruising, death and cuts	Individual	M	L	Appropriate footwear to be worn by group First aid kit to be carried. Maintain even ground level on lawn Keep grass cut Remove mole hills Activity equipment that is not in use is put away.
Lightening	Electrocution	All	L	Н	Session to be cancelled
Swinging on goal posts, fences	Death, head/back injury, broken limbs, bruises and cuts	Individual	Н	Н	Peg goal posts down securely Ensure properly maintained Group to be told not to do this!
Tripping over, falling whilst under parachute and slipping	Broken limbs, sprains, bruising, and cuts	Individual	M	L	Dynamic risk assessment to be carried out Appropriate footwear to be worn by group First aid kit to be carried.
Overhanging branches	Head/eye injury	Individual	L	L	Instructor to check area before session begins
Weather – cold, rain, wind	Increased potentials for falls or slipping over Hypothermia, injury to body	All	Н	M	Group to be advised on appropriate clothing and footwear Hot drink, survival bag and first aid kit to be available if weather dictates Instructor to be aware of weather forecast

Horstead Centre Trust is a residential activity centre in the Diocese of Norwich Charity no: 303986 VAT no: 282 0458 63 Custodian trustee: Norwich Diocesan Board of Finance Ltd Registered Office: Diocesan House, 109 Dereham Road, Easton, Norwich NR9 5ES Company no: 88175 Charity no: 249318 Tel: 01603 880853 <u>www.dioceseofnorwich</u>







Horstead Centre Residential Stays & Activity Days

- Horstead Centre, Rectory Road, Norwich, NR12 7EP \$\$\$\$ 01603 737215
- @ horstead.centre@horsteadcentre.org.uk
- www.horsteadcentre.org.uk

Hazards	Effects	Who is	Risk		Methods to Avoid/Reduce Risk
Parachute Games		effected	Likelihood	Consequences	Parachute Games
Damaged/ faulty equipment	Serious to minor injuries such as cuts or bruises	All	L	L	Pre use equipment checks to be carried out.
Animal Droppings	Droppings falling on participant or participants falling on droppings causing illness and disease	Individual	L	M	Wash hands after activity
Insect bites/nettles	Stings, allergic reactions, anaphylactic shock	Individual	L	L/M/H	Have any personal medication to hand
Jumping on participants under parachute.	Collision, injury, bruising	Individual	M	L	Instructor supervision Maintain level ground
Collisions between playing participants	Minor injury, bruising and cuts.	Individual	Н	L	Good group control
Claustrophobia	Panic	individual	L/M/H	L/M/H	Instructor supervision and communication.
Pulling people under parachute.	Back injury	Individual	М	L	Participants must be sitting not standing