

Student/ Young Person Kit List

WHAT KIT DO YOU NEED FOR YOUR RESIDENTIAL STAY AND OUTDOOR EXPERIENCE?

The clothes you bring can make a big difference to your comfort and your enjoyment of the whole experience. It is no fun taking part in any activities if you are cold or wet because you have not brought a coat!

How many days am I staying at The Horstead Centre?

Even in summer it can rain and in the winter the sun can shine! Be prepared for this, you may get muddy, you may get wet, we will still go outside - and with all the right kit, you will love the mud and rain!

LAND BASED ACTIVITIES – One set per day (in case of rain)

	<i>Have I remembered to pack one set per day (in case of rain)?</i>
T. SHIRT	
SHORTS / JOGGING TROUSERS	
FLEECE / WARM TOP	
EXTRA FLEECE / WARM TOP!	
WATERPROOF COAT	
WATERPROOF TROUSERS (if you have them)	
SUN HAT (weather dependent...)	
TRAINERS / BOOTS (sturdy footwear, NO crocs or flip flops for activities)	
INDOOR SHOES (slippers / clean shoes)	
WARM HAT (weather dependent...)	
GLOVES (weather dependent...)	
BUFF/SCARF (weather dependent...)	

WATER BASED ACTIVITIES – Do come prepared to get wet!

	<i>Have I remembered to pack a new set of clothes for each water based activity?</i>
T. SHIRT	
SHORTS / JOGGING TROUSERS	
FLEECE / WARM TOP	
OLD TRAINERS OR WET SHOES (NO crocs or flip flops for activities)	
SUN HAT (weather dependent...)	
SPARE WARM HAT (weather dependent...)	

On the water based activities, you must have something on your feet at all times, so do not bring your newest pair of trainers, crocs or flip flops, bring old shoes that you don't mind getting wet, or, wet shoes!
Jeans are heavy when wet, and do not dry quickly, do not wear them on the water!

	<i>Have I remembered to pack...?</i>
SOCKS AND UNDERWEAR	
PYJAMAS	
WASH KIT	
TOWEL	
SPARE TOWEL	
SLEEPING BAG	
PILLOW CASE	
SUN CREAM	
CAMERA	
STRONG BIN LINER (for wet clothes)	
MONEY FOR SOUNVENIR SHOP (max £10)	

Please don't bring your newest and best clothes and trainers. Old, worn and comfortable is best.

WHAT YOU DON'T NEED

- Please do not bring anything of value; you will not need to glam up with your best jewellery.
- Don't bring your *Game Boy* or your *DS lite* you will not have time to use them.
- Don't bring your MP3, you will not be allowed to use it while you are on the activities as this could be unsafe
- Do not bring a mobile phone. You don't need it and your teachers or leaders will know what to do if there is a problem.
- Do not use large heavy suitcases. Where possible please use holdalls/kitbags/rucksacks – These are easier to store away.

LOST PROPERTY

We will do our best to help you find anything you lose, but will not be responsible for you misplacing any valuable equipment, you were asked not to bring!

All students need to bring with them a sleeping bag and pillow case.