

| \times | Horstead Centre, | Rectory Road, | Norwich, | NR12 | 7EP |
|----------|------------------|---------------|----------|------|-----|
| P | 01603 737215 | | | | |

@ horstead.centre@horsteadcentre.org.uk

www.horsteadcentre.org.uk

Risk Assessment: Bushcraft

Reviewed: August 2021

Next Review Date: August 2022

Assessment undertaken by: Chris Martlew, Chief Instructor

L = LOW M = MEDIUM H = HIGH

| Hazards | Effects | Who might be effected | Risk | | Methods to Avoid/Reduce Risk |
|-------------------------------|---|-----------------------------|------------|-------------|---|
| Bushcraft | | | Likelihood | Consequence | Bushcraft |
| Walking into obstructions | Bumps, cuts, abrasion, concussion, compression | Individual | н | М | Clear safety brief to be given by instructor Entry and exit points made clear to group by instructor Pre-use check to ensure the route is clear End of the zipwire and any obstacles pointed out to the group. |
| Slips trips and falls | Abrasion, stings, grazes | All | Н | L | Clear safety brief to be given by instructor Pre-use check to ensure the route is clear Good group control and management by instructor Regular grounds maintenance to keep route clear |
| Stinging nettles and thistles | Irritation, reaction, infection, anaphylactic shock | All | н | L | Pre-use check to ensure the route is clear Regular grounds maintenance to keep route clear Group management by instructor Suitable clothing to be worn |
| Fire spread | Panic, intoxication, burns, death | All | L | Н | Fire to be appropriately sized for the session. Water and Fire blanket will be available on the session. Fire managed by the instructor at all times Group managed by the instructor at all times Clear safety brief given by the instructor about being sensible in the area around the fire. |
| Burns | Burns | Individual | М | Н | Group and fire to be managed by the instructor at all times Instructor to explain the designated safety area around the fire. Burn dressing on session at all times (located in the instructors first aid kit) Glove to be used for removing Billy cans from the fire All participants to remain seated around the fire when cooking food. Fuelling the fire to be managed by |









Residential Stays & Activity Days

- Horstead Centre, Rectory Road, Norwich, NR12 7EP
- 01603 737215
- @ horstead.centre@ horsteadcentre.org.uk
- www.horsteadcentre.org.uk

| | | | | | instructor |
|------------------------|----------------------------------|------------|---|---|---|
| Scolding | Scolding | Individual | М | Н | Instructor to make sure that the children stay clear of any pans hanging over the fire. Instructor to handle any hot liquids. Instructor to warn children about any hot liquids Before passing cups containing hot beverages such as nettle tea to individuals, the instructor should check that these are not too hot as to cause injury. Only solid green bushcraft plastic cups to be used with nettle tea or hot drinks. The Instructor to monitor children when handling warm liquids. |
| Falling into the river | Shock, panic, drowning, death | Individual | L | М | Group closely managed by the instructor. |